

The 6th Annual
Ontario Aquatic
HALL of FAME
Meet

October 15-16, 2011

At the
ETOBICOKE OLYMPIUM

Presented by





SWIMMING/NATATION CANADA RISK MANAGEMENT / WARM-UP PROCEDURES 2005

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

GENERAL WARM-UP RULES:

- Swimmers shall enter the water **FEET FIRST** in a cautious manner.
- **No Running on the pool deck or Diving from the side of the pool.**
- **Meet Management shall provide signage to indicate designated lane use during warm-up.**
- **Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.**
- **Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.**
- **Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.**
- **Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.**
- **Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.**

SPECIFIC/SPRINT WARM-UP PERIOD:

- **Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.**
- **Outside Lanes should be designated as Sprint Lanes.**
- **Only 'one-way' swimming shall be permitted in Sprint Lanes.**
- **Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.**

The following statement shall appear in the meet information and in posted notices:
"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

EQUIPMENT:

- **FLUTTER BOARDS and PULLBUOYS are allowed.**
- **HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.**

SNC Board Approved
July 6, 2005

2011 Hall of Fame Meet

- Date:** October 15-16, 2011
- Hosted By:** Etobicoke Swimming
- Location:** Etobicoke Olympium
590 Rathburn Road
Toronto, Ontario
- Facility:** Two 8-Lane 25 metre competition pools with electronic timing.
- Sanctioned By:** Swim Ontario.
All current SNC Rules and Warm up Procedures will be followed.
- Qualifying Stds:** No qualifying times. Please submit SCM times for seeding purposes.
Please use standard Hy-tek conversions for LCM and Yards times.
- Session Times:** 14 & Over Warm-up: 8:00 am Start: 9:00 am
13 & Under Warm-up: 12:30 pm Start: 1:30 pm
Meet management reserves the right to adjust session times.
- Entry Deadline:** All entries must be received by Oct. 11, 2011.
All entries must include valid Swim Ontario registration numbers.
Submit entries using www.swimming.ca/meetlist.aspx
- Entry Fees:** **\$8.50 per event. \$0.50 per swim goes to support the Hall of Fame.**
There are no limits to the number of swims per swimmer.
All costs include HST #125328625 and Gold Bonus.
Please make cheques payable to ETOBICOKE SWIMMING.
- Meet Notes:** All events are Time Finals.
All age groups will be seeded together slowest to fastest within each event.
No scratch penalty shall be imposed for late or day of scratches.
Please use the posted heat sheets to indicate scratches as information only.
Results will be posted and awards presented for the age groups listed below under "Awards"
Events 29 and 30 (200 IM) are for 11- 13 years old swimmers only.
Events 31 and 32 (100 IM) are for 10 and under swimmers only
BELL PRIZES will be awarded.

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Awards: Ribbons will be awarded to the top eight swimmers in each event for each age group shown below:

14&O Session 13&U Session

16 & Over	13 years
14-15years	12 years
	11 years
	10 & Under

Split Times: Meet Management acknowledges the SO policy with banning the future use of split times as official times and requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of interval times. Any time collected according to this request will subsequently be recorded in a separate event of the appropriate distance and stroke created for such a purpose.

Meet Results: www.swimming.ca/meetlist.aspx

Live Results: www.eswim.ca

Meet Referee: Steve Goodwin 905-279-5457

Meet Manager: Janice Charles 416-622-0154

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Order of Events

<u>14 & Over</u>					
Warm-up: 8:00 am					
Start: 9:00 am End: 12:30 pm					
<u>Saturday</u>			<u>Sunday</u>		
Women	Event	Men	Women	Event	Men
1	100 Fly	2	11	100 Free	12
3	50 Back	4	13	50 Breast	14
5	100 Breast	6	15	100 Back	16
7	50 Free	8	17	50 Fly	18
9	200 I.M.	10	19	200 Free	20

<u>13 & Under</u>					
Warm-up: 12:30 pm					
Start: 1:30 pm End: 5:30 pm					
<u>Saturday</u>			<u>Sunday</u>		
Girls	Event	Boys	Girls	Event	Boys
21	100 Fly	22	33	100 Free	34
23	50 Back	24	35	50 Breast	36
25	100 Breast	26	37	100 Back	38
27	50 Free	28	39	50 Fly	40
29	200 I.M.	30	41	200 Free	42
31	100 I.M.	32			



ETOBICOKE OLYMPIUM AQUATIC EVENT PROCEDURES FOR MEET MANAGERS, OFFICIALS AND COACHES

1. The Olympium Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.
2. Absolutely no food in the bleachers or on the pool deck with the exception of drinks provided for the officials working during the event.
3. No running on the deck, under the bleachers or on the bleachers.
4. No climbing across the railing between the gallery and the bleachers.
5. No climbing over the yellow gates between the pool deck and the bleachers.
6. Shoes must be worn whenever outside the pool or change room areas.
7. No diving off the starting blocks or bulkhead during warm-ups. Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.
8. The use of flippers and hand paddles, during warm-ups is prohibited.
9. Swimmers that are not competing are not to be in other areas of the building, and are not to upset the normal operation of the other departments.
10. **Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Etobicoke Olympium.**